



PARISH FAMILY #8

East Snohomish County Catholic
Parishes

Who Are We?

Demographic Survey Responses and Viability Metrics
February 2026



PARISH FAMILY 8

East Snohomish County Catholic Parishes

“Who Are We?”

The Parish Family Advisory Council (PFAC) and Leadership Team (PFLT) are working to meet the goals of the Partners in the Gospel’s One Parish Planning process. To help guide our parish family on the journey to becoming one parish, we are evaluating results from our recent demographic survey, as well as baseline viability metrics provided by the Archdiocese, to determine “Who are we?” as a Parish Family.

PART I - DEMOGRAPHICS SURVEY RESPONSES

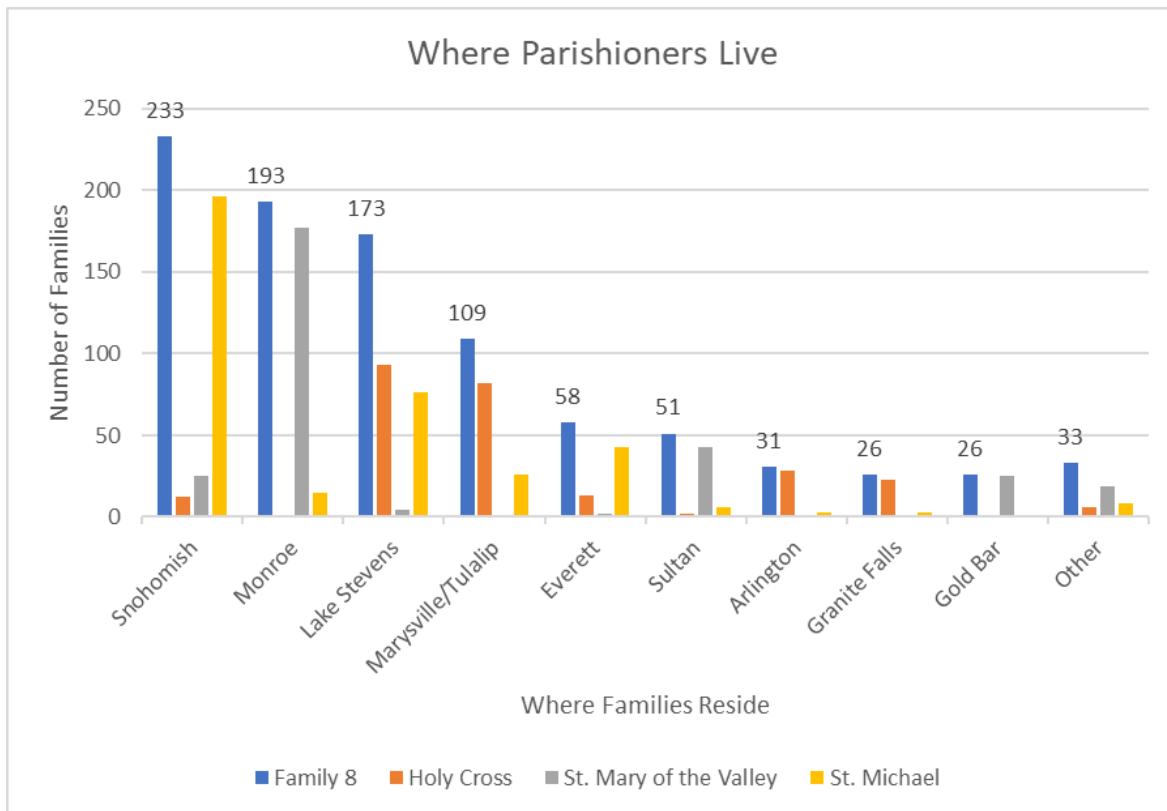
The demographics survey was available in English and Spanish, both on paper and online. The paper surveys were distributed the weekend of September 13-14 at St. Michael and on October 4-5 at Holy Cross and St. Mary of the Valley. The online surveys were open from September 10 through October 13.

There were a total of 963 responses; 556 (58%) were English and 407 (42%) were Spanish. Thirty-three percent of the surveys were completed online and 67% were on paper. There were 25 responses where parishes outside our parish family were listed as the home parish, and were not included in the analysis.

The following is a synthesis of the responses within our parish family. In the graphs, the blue columns represent the entire parish family for each category and then the columns to the right represent each separate parish (totaling the numbers in the blue columns).

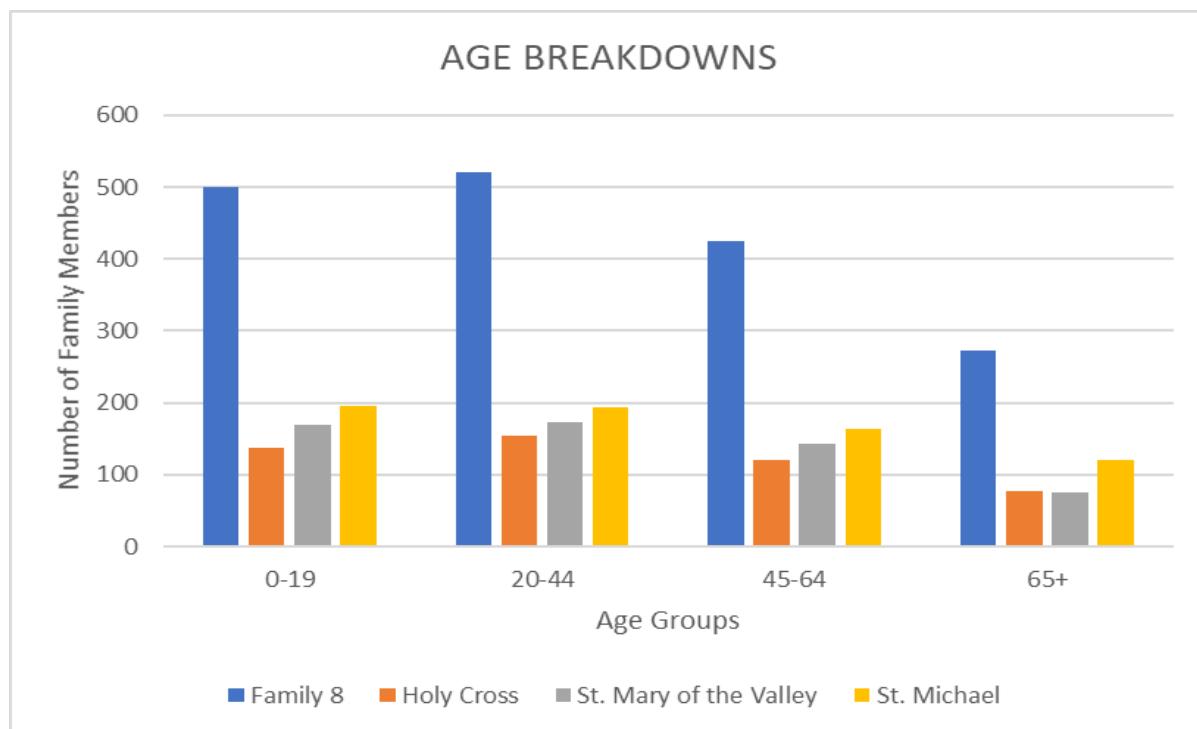
1. Where Do Our Parishioners Live?

The majority of responders within our parish family live in Snohomish (25%), Monroe (20%), Lake Stevens (18%), and Marysville (12%). Other cities listed include Everett, Sultan, Arlington, Granite Falls, Gold Bar, and Arlington, among others in Snohomish County.



2. Age Breakdowns of Household Members

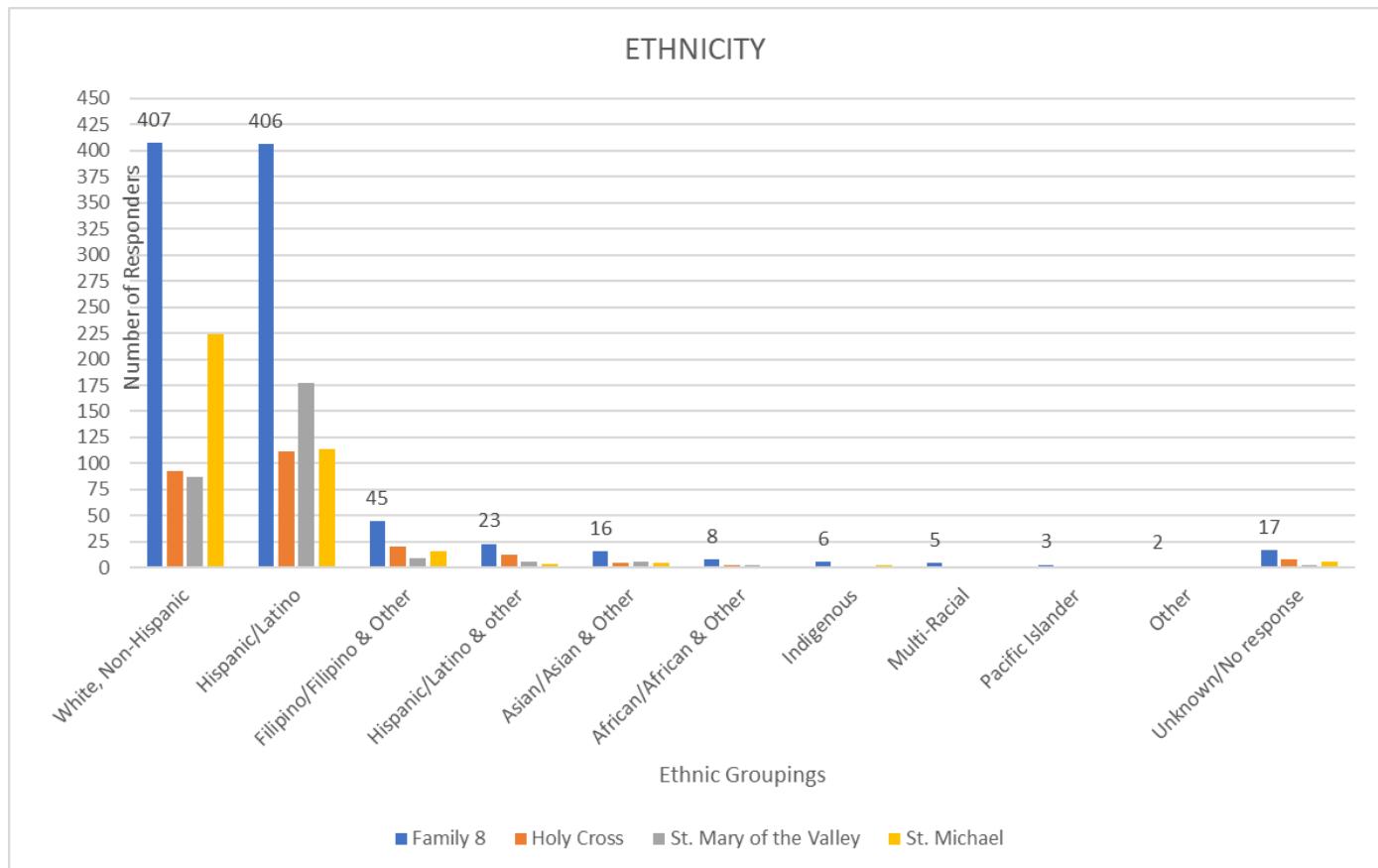
Responders were asked to include the age ranges of all the members in their household. (There were cases where more than one member might be included in an age group, but it was not clear to which age group they belonged.) Ages of family members in the household were broken down into four groups. The two largest groups in our Parish Family were the 20-44 age range, making up 30% of our parish family and the 0-19 age range which made up 29% of our parish family. The next largest group was the 45-64 age range, making up almost 25% and then those over 65 years of age made up almost 16% of our Parish Family.



3. Ethnic Breakdowns of Survey Responders

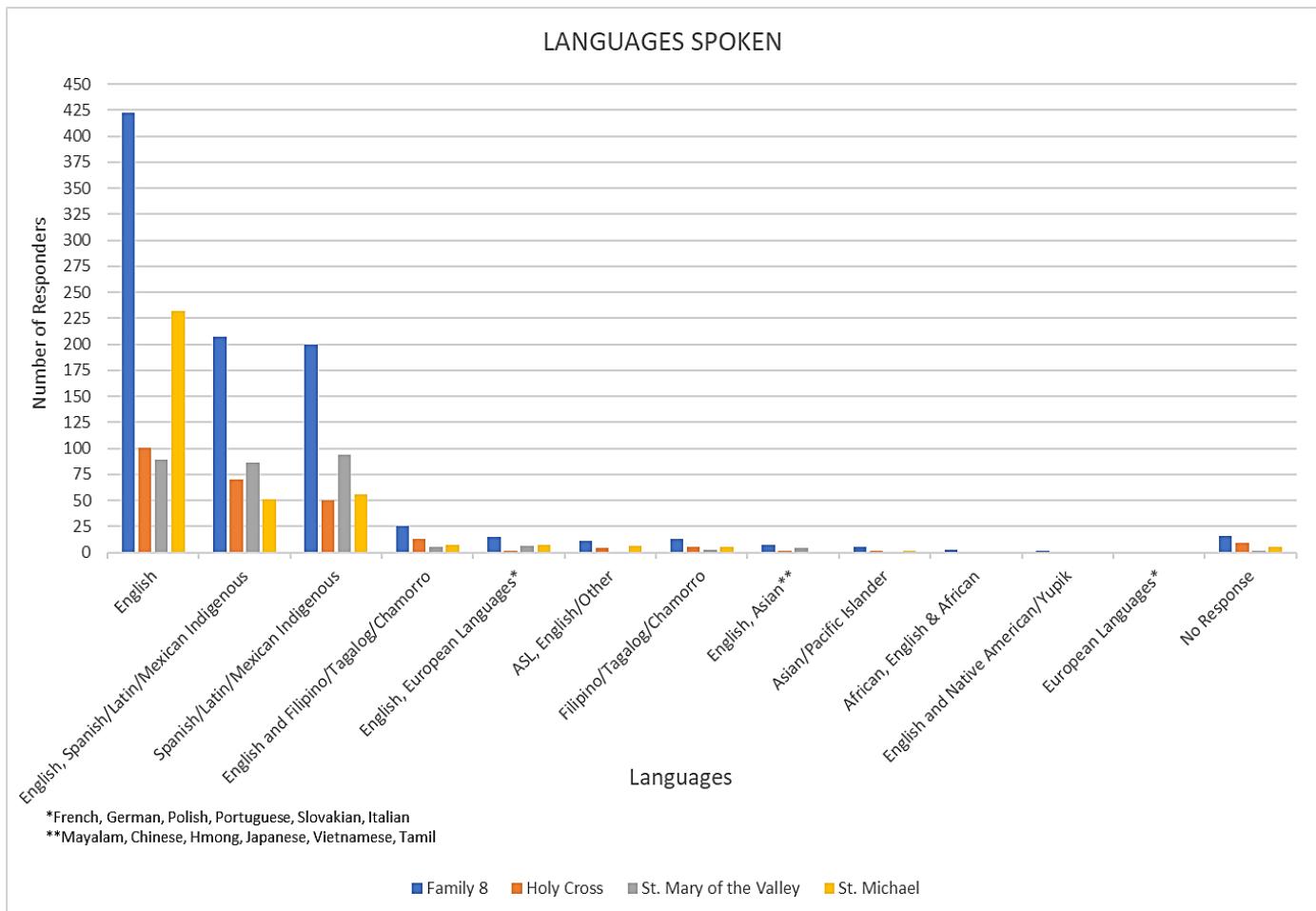
Responders indicated their ethnicity from a list of choices, checking all options that applied to them. The majority of our Parish Family responders (86%) identify as either "White/Non-Hispanic" (43%), or "Hispanic/Latino" (43%). The next highest ethnic group was "Filipino or Filipino & Other", at almost 5%. The two Hispanic categories, "Hispanic/Latino" and "Hispanic/Latino & Other" make up 45.5% of our parish family.

Other ethnic groups represented in our parish family include Asian – South Asian (Indian, Pakistani), Southeast Asian, Vietnamese, Hmong, and Chinese; Pacific Islander; African; American Indigenous and Multiracial. There were 17 Unknown or non-responses.



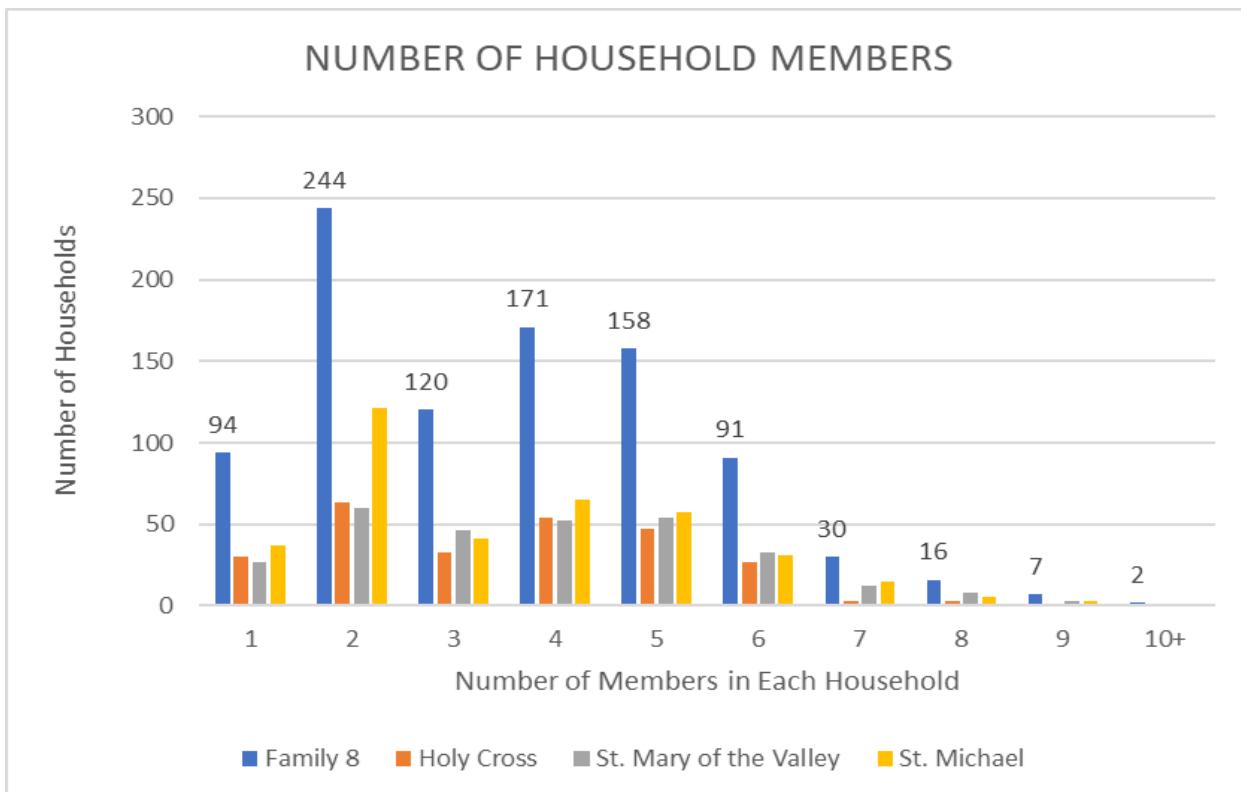
4. Languages Spoken in Households

The survey asked responders to choose the language(s) they or their family speak and to check all that apply. The majority of responders identified the language they speak as English (46%). People who selected “Spanish/Latin/Mexican Indigenous” as their language made up 22% of our Parish Family and 22.5% chose “English and Spanish/Latin/Mexican Indigenous”. People who speak “English and Filipino/Tagalog/Chamorro” made up 2.5% of our Parish Family. Other languages spoken include ASL and European, Asian, Pacific Islander, African and Native American languages.



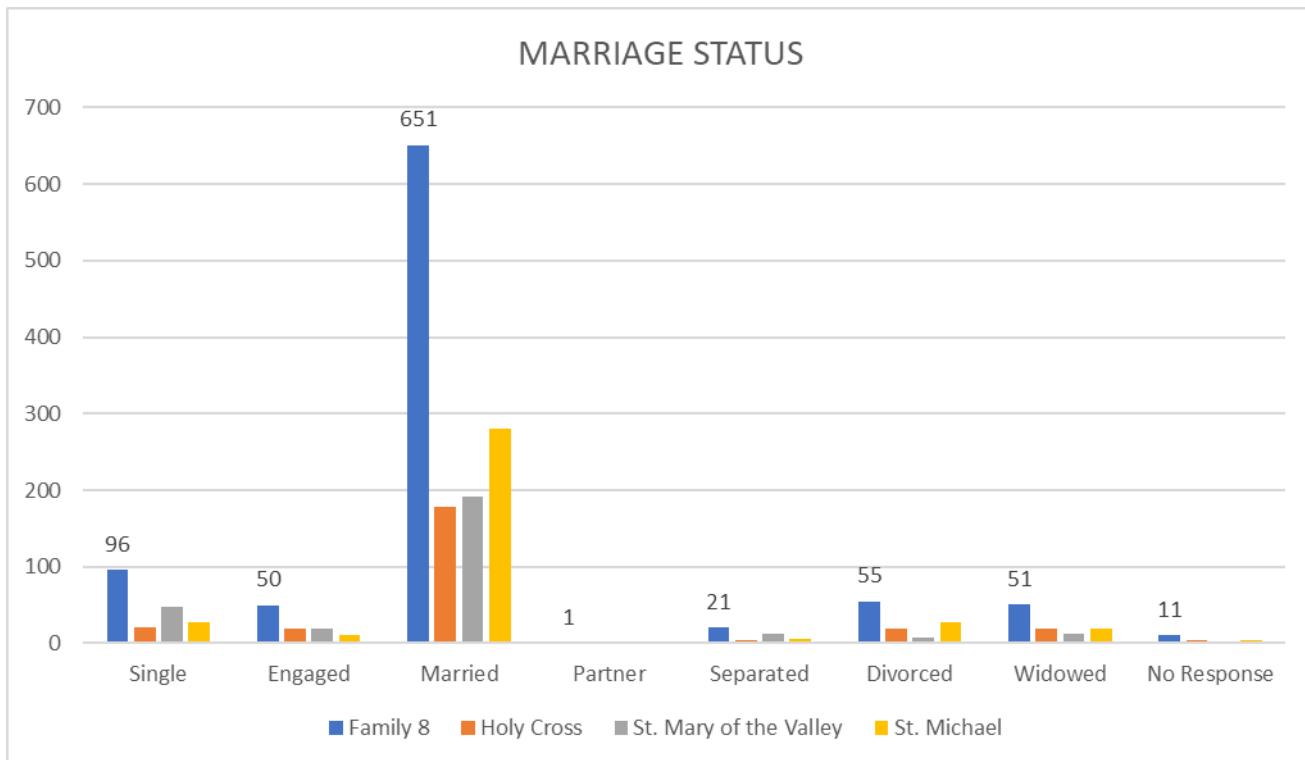
5. Number of Household Members

The survey asked responders to list the number of members in their household. Most households in our parish family contain two members (26.2%), followed by four-member households (18.3%). The remaining categories are shown in the graph below.



6. Marriage Status

Responders were asked to choose their marriage status. Seventy percent of the responders in our parish family were married. The second largest group were Single, Never Married (10%). Almost 6% were divorced and 5% were widowed. The remaining categories are shown in the graph below.



The Parish Family Advisory Council and Leadership Team appreciate the time parishioners took to respond to our demographics survey. This information will be evaluated with other data, such as the baseline viability metrics shown in the following pages, to determine who we are as a Parish Family and how we can be sustained in the future as one parish.

PART II – BASELINE VIABILITY METRICS

The baseline viability metrics were compiled using data from the 2023-2024 and 2024-2025 Parish Annual Reports, the most recent parish site assessments completed in 2024, and other information from the Archdiocese. The four main areas addressed are Evangelization, Church Utilization, Capability to Maintain Buildings, and Financial Viability. Each year, data from subsequent annual reports will be added to these metrics. Following is a summary of the findings.

1. Evangelization

This metric shows the number of people involved in Faith Formation and receiving sacraments, as reported in each parish's annual report for fiscal year 2024-25. The goal is to see increases over time. As shown in the chart below, all of our parishes have robust faith formation programs, which continue to grow. The parish family's Catholic school will also continue to grow as their facilities expand.

Viability Metrics - Family #8	Family Total		St. Mary of the Valley Monroe		St. Michael Snohomish		Holy Cross Lake Stevens	
	2024-25	2023-24	2024-25	2023-24	2024-25	2023-24	2024-25	2023-24
Evangelization								
First Communion participants	237	222	69	44	60	56	108	122
Confirmation participants	280	136	63	43	42	31	175	62
Professions of Faith	4	1	0	1	0	0	4	0
Total First Communions & Confirmations & Professions of Faith	521	359	132	88	102	87	287	184
No. of Faith Formation participants - Grades Pre-k - 5th (incl FHC/1st Rec prep)	255	212	78	35	82	97	95	80
No. of Faith Formation participants - Grades 6-8 (incl Confirmation prep)	112	121	50	22	32	27	30	72
No. of Faith Formation participants - Grades 9-12	145	63	48	25	17	7	80	31
No. of participants - Young Adult education or formation opportunities	0	5	0	0	0	0	0	5
Total Faith Formation Participants No set target	512	401	176	82	131	131	205	188
No. of participants - OCIA	37	21	19	3	12	9	6	9
No. of participants - OCIA Adapted for Children	27	18	10	2	0	3	17	13
Number of candidates for full communion	3	2	0	1	0	0	3	1
Total OCIA/OCIA for children Participants + Full Comm candidates No set target	67	41	29	6	12	12	26	23
School Enrollment Target: >200 per site	150	150	N/A	N/A	150	150	N/A	N/A

2. Church Utilization Metric

Church Capacity and Utilization - This metric identifies how full the churches in a parish family are on a given Sunday Mass weekend (including Saturday Vigil Mass). Every Sunday, each parish takes a count of the number of parishioners at each Mass and gives a report to the Archdiocese twice a year. The attendance numbers shown are from the October censuses reported to the Archdiocese.

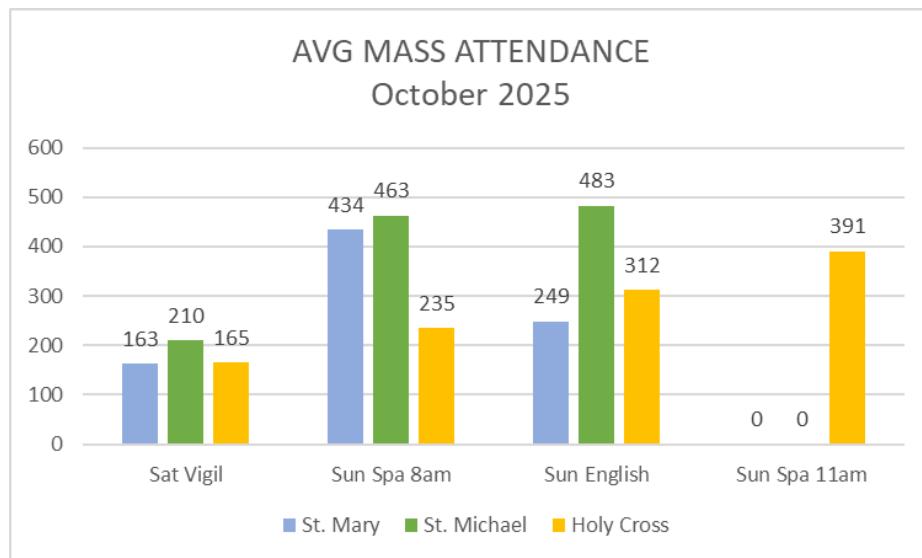
Number of (Sunday) Masses per Priest – As is stated in canon law, “A priest is not permitted to celebrate the Eucharist more than once a day except in cases where the law permits him to

celebrate or concelebrate more than once on the same day. If there is a shortage of priests, the local ordinary can allow priests to celebrate twice a day for a just cause, or if pastoral necessity requires it, even three times on Sundays and holy days of obligation." (Can 905 §1-2) Given local realities, Archbishop Etienne has determined that pastoral necessity requires permission to celebrate three Sunday Masses (not including the Saturday Vigil Mass). The goal, however, is that priests celebrate no more than three Sunday Masses (including Saturday Vigils) once new canonical parishes form. (Partners in the Gospel *Baseline Viability Metric Overview*, page 2)

As shown in the chart below, as a parish family, our priests were celebrating over 3 Masses per priest. This average is due to Holy Cross having four Masses per weekend, where St. Mary of the Valley and St. Michael each having three Masses. With the passing of Fr. Jay DeFolco in October 2025, our current status is that the Archdiocese is permitting us to cover Holy Cross's Saturday Vigil Masses with substitute clergy through June 2026. Sunday Masses are graciously being covered by Bishop Eusebio Elizondo and other priests through June 2026.

Viability Metrics - Family #8	Family Total		St. Mary of the Valley Monroe		St. Michael Snohomish		Holy Cross Lake Stevens	
	2024-25	2023-24	2024-25	2023-24	2024-25	2023-24	2024-25	2023-24
Utilization								
Total Sunday Masses	10	10	3	3	3	3	4	4
Average Sunday October Mass Attendance	3087	3119	846	985	1154	955	1087	1179
Church Capacity (Not including overflow seating)	4968	4968	667	667	537	537	339	339
Church Capacity & Utilization Target: 50 < X% < 80	62.14%	62.78%	42.28%	49.23%	71.63%	59.28%	80.16%	86.95%
=Average Sunday Oct Mass Attendance/(Total Sunday Masses*Church Capacity)								
Number of Priests available to say Mass	3	3						
Number of Masses per priest Target: 3	3.33	3.33						

Below is a chart illustrating the average attendance at each Mass by Parish (using the October 2025 census).



Using the Church Capacity & Utilization formula per Mass, the chart below illustrates each church's capacity per Mass. The target is for capacity to be between 50% and 80%.

Church Capacity & Utilization

	Sat Vigil	Sun Spa 8am	Sun English	Sun Spa 11am
St. Mary	24.44%	65.07%	37.33%	N/A
St. Michael	39.11%	86.22%	89.94%	N/A
Holy Cross	48.67%	69.32%	92.04%	115.34%

3. Capability to Maintain Buildings

This metric shows results of each parish's Property Assessments completed in 2024. It identifies the condition of various buildings on each property as follows:

- Green – Good
- Yellow – Safety and cosmetic repairs recommended
- Red – Critical repairs required
- Black – Building should be evaluated

Several improvements have been made since the completion of the assessment, such as the church roof being replaced and the removal of large trees at St. Mary of the Valley, as well as classroom renovations and additions at St. Michael School.

The insured value of the buildings and the costs of building and property maintenance and repair are also listed. The maintenance spend ratio listed in the chart measures total dollars spent annually on maintaining buildings and related systems compared to the insured value. The Archdiocese recommended target is that the parish family spend more than .64% of their insured value on annual maintenance.

Viability Metrics - Family #8	Family Total		St. Mary of the Valley		St. Michael		Holy Cross	
	2024-25	2023-24	2024-25	2023-24	2024-25	2023-24	2024-25	2023-24
Capability to Maintain Buildings								
Number of building in Black Status* Target: 0	N/A	0	N/A	0	N/A	0	N/A	0
Number of building in Red Status* Target: 0	N/A	2	N/A	2	N/A	0	N/A	0
Number of building in Yellow Status* No Set Target	N/A	5	N/A	1	N/A	3	N/A	1
Number of building in Green Status* No Set Target	N/A	4	N/A	0	N/A	2	N/A	2
Insured Value of Buildings (cost to rebuild exactly the same way) No Set Target	\$26,447,050	\$26,036,787	\$6,431,421	\$6,374,343	\$14,134,191	\$13,554,907	\$5,881,438	\$6,107,537
*Property Assessment from 2024								
Total Building & Grounds Repairs & Maintenance Spend	\$128,049	\$79,672	\$24,286	\$9,263	\$36,050	\$13,625	\$67,713	\$56,784
Maintenance Spend Ratio Target: > 0.635%	0.48%	0.31%	0.38%	0.15%	0.26%	0.10%	1.15%	0.93%
'=Maint. Exp/insured value								
Ratio of PRF to Insured Value Target: > 6%	9%	6%	14%	1%	4%	5%	17%	15%

4. Financial Viability

This metric identifies debt (parish loans from the Archdiocese), PRF Savings (Savings accounts held at the Archdiocese), ordinary income (from weekly and Holy Day collections) and expenses to show the financial condition of each parish and school. The goal is for our parish family to meet the targets as seen in the chart.

Viability Metrics - Family #8	Family Total		St. Mary of the Valley		St. Michael		Holy Cross	
	2024-25	2023-24	2024-25	2023-24	2024-25	2023-24	2024-25	2023-24
Financial Viability								
Debt Target: reducing debt	\$2,413,628	\$2,547,831	--	--	\$149,674	\$191,222	\$2,263,954	\$2,356,609
PRF No Set Target	\$2,478,398	\$1,636,233	\$887,016	\$50,314	\$582,395	\$685,442	\$1,008,987	\$900,477
Ordinary Income (OI) Target: > \$1.0M	\$1,870,982	\$1,748,689	\$502,807	\$498,137	\$738,402	\$727,206	\$629,773	\$523,346
Total Parish Income Target: > \$1.2M	\$3,273,781	\$2,244,559	\$1,380,072	\$674,617	\$834,871	\$889,836	\$1,058,838	\$1,445,614
Total Parish Expenses Target: < OI	\$2,341,040	\$1,859,509	\$608,509	\$605,405	\$835,881	\$816,471	\$896,650	\$731,062
Total Parish Margin Percent Target: >0	28.49%	17.15%	55.91%	10.26%	-0.12%	8.24%	15.32%	49.43%
Total School Expenses No Set Target	\$1,313,106	\$1,154,361	--	--	\$1,312,986	\$1,154,361	--	--
Total School Margin Percent Target: > 0 =(income-expense)/income	-6.30%	-.22%	--	--	-6.30%	-.22%	--	--

The above metrics will help the PFAC determine “Who are we?” But we will also seek parishioner input from future surveys and listening sessions to determine what our challenges and opportunities will be.

Please direct questions or comments to Annette Van Dyke, Director of Operations at avandyke@eastsnocoparishes.org.